ISihlomelo -6: Iphepha loLwazi loBungakanani kunye neFomu yeMvume ye-SWIFT: Abathathi-nxaxheba

Uyamenywa ukuba ujoyine uphando olwenziwa ngabaphandi beDyunivesithi yaseKapa eMzantsi Afrika kunye neDyunivesithi yaseOxford eUnited Kingdom.

Senza olu phononongo ukuze sifunde malunga namava akho ngee-chatbots eziphuhliswe yi-Parenting for Lifelong Health (PLH), iiClowns Without Borders South Africa (CWBSA), i-IDEMS International, kunye ne-UNICEF yaseMzantsi Afrika.

Ngaphambili kokuba ugqibe ekubeni ungathanda na ukujoyina, kubalulekile ukuba wazi kutheni sisenza oluphando nje kwaye luquka ntoni.You can read through this Participant Information Sheet.

Ukuba unayo nayiphi na imibuzo malunga ne-chatbot okanye uphononongo phambi kokuba uvume ukuthatha inxaxheba, nceda uthumele i-imeyile kwiqela lophononongo ku [swift@globalparenting.org](mailto:swift@globalparenting.org), okanye usithumelele umyalezo kuWhatsapp apha +27 XX XXXXXXXX. Silapha ukuzokunceda wena!

Ngubani onokujoyina?

Ukuze ube yinxalenye yolu phononongo, kufuneka ube neminyaka elishumi elinesibozo nangaphezulu, ube ngumzali okanye umnonopheli womntwana ophakathi kweminyaka emibini kunye nelishumi elinesixhenxe leminyaka kwaye uhlale eNtshona Koloni kwiphondo laseMzantsi Afrika. You also need to agree to take part in the study.

Ingaba kufuneka ndijoyine?

Hayi, kuxhomekeke kuwe ukuba uyafuna ukujoyina okanye awufuni. Ukuba awufuni ukuthatha inxaxheba, akusayi kubakho ziphumo zichaphazela wena nosapho lwakho - useza kufumana iinkonzo zaseklinikhi njengesiqhelo. Ukuba ukhetha ukujoyina uphononongo, kodwa awufuni kuphendula eminye yemibuzo, unokuma kwaye ulushiye uphononongo nangaliphi na ixesha. Usenakho ukufikelela kwinkqubo ye-chatbot ukuba awufuni ukuthatha inxaxheba kuphononongo kwaye uphendule imibuzo. Ukuba ufuna ukuyeka ukufumana imiyalezo, ungabhala "MISA IMIYALEZO".

**Kwenzeka ntoni ukuba ndiyajoyina?**

Ukuba uthatha isigqibo sokujoyina, kuya kufuneka ufunde ifomu yemvume engezantsi kwaye uphendule "Ewe" ku-WhatsApp kumbuzo othi, "Ndiyifundile kwaye ndiyayiqonda inkcazelo, kwaye ndiyayinikeza imvume yokuthatha inxaxheba kuphononongo".

Iqela lophononongo liya kuthi ke likuthumelele uphando nge-WhatsApp olunemibuzo emalunga namashumi amathathu anesihlanu. Olu phando likubuza ngobomi bakho nangomntwana omnye omkhathalelayo. If you have more than one child, you’ll be asked to pick the child you find most challenging.

Siza kukuthumelela uphando olunemibuzo ebufana kwakhona kwinyanga enye kamva, kwaye siphinde emva kweenyanga ezintathu. Uyakubuzwa ukuba uyafuna na ukwenza udliwano-ndlebe lwefowuni okanye lobuqu nomnye wabaphandi bethu.

Nceda uqaphele ukuba ngaphambi kokuba uphendule nayiphi na imibuzo okanye uthethe nomntu ovela kwiqela lethu, zama ukuqiniseka ukuba ukwindawo ekhuselekileyo neyimfihlo. Isenokuba ligumbi lakho okanye kwindawo ezolileyo apho kungekho mntu wumbi unokubona iimpendulo zakho. Oku kuya kunceda ukugcina ulwazi lwakho luyimfihlo kwaye uqiniseke ukuba uziva ukhululekile xa uphendula imibuzo.

Emva kokugqiba uphando lokuqala, uya kuqalisa ukufumana imiyalezo evela kwi-ParentText chatbot.

I-ParentText chatbot yikhosi yeentsuku ezintlanu yabazali kunye nabanonopheli abanezifundo ezintlanu zemihla ngemihla ekwakheni ubudlelwane obuhle nomntwana wakho.

Ingaba ndifumana nantoni na ngokujoyina uphononongo?

Uya kufumana i-airtime ye-R25 yokugqiba uphando lokuqala, i-airtime ye-R50 yokugqiba uphando lwesibini, kunye ne-R75 yokugqiba uphando lokugqibela. Ukuba ukhethelwe kudliwano-ndlebe nomntu okwiqela lethu, uya kufumana ivawutsha yakwaShoprite ye-R120.

**Kwenzeka ntoni ngeenkcukacha zam ukuba ndiyavuma ukujoyina**

Ukuba uyavuma ukuthatha inxaxheba kuphononongo, siqokelela kuphela okufunekayo kuphononongo kwaye siqinisekisa ukuba sikugcina ngokukhuselekileyo. Ulwazi lwakho, kuquka neempendulo ozinikayo ngexesha lophando, kunye naluphi na ulwazi olunikezela nge-imeyile okanye u-WhatsApp, ziya kugcinwa ngokukhuselekileyo kwiiseva ezikhuselekileyo kwiDyunivesithiyase Kapa.

Ukongeza kwiimpendulo zakho kwimibuzo yophando, siya kukucela ukuba usinike igama lakho kunye nenombolo yeselula ngeenjongo zophando, kunye nesazisi sakho nesini somntwana wakho, kunye negama lomntwana wakho (uyazikhethela). Naziphi na iinkcukacha ezichaza wena zizakugcinwa bucala, kwaye ngabasebenzi abagunyazisiweyo kuphela abanokufikelela kuzo. Idatha iya kuqokelelwa nge-chatbot kwaye igcinwe ngokukhuselekileyo kwiiseva eziza kufikelelwa kuphela liqela lophando. Yonke idatha iya kugcinwa iminyaka emihlanu emva koluphononongo, kodwa inkcukacha zomntu ziya kucinywa xa uphononongo liphelile. Iikomiti zokuziphatha zinokulijonga ulwazi.

Unelungelo lokucela ukufikelela kwidatha yakho, ukulungisa naziphi na iimpazamo kwidatha yakho, kwaye usicele ukuba siyicime okanye siyidlulisele kwenye indawo. Nceda u-imeyilele iqela lophononongo phambi kwe [\*umhla oza kumiselwa] ukuba ufuna ukwenza nayiphi na kwezi.

Iinkcukacha zakho ziyakuhlala ziyimfihlo ngaphandle kokuba umthetho uthetha enye into. Ukuba usixelele ukuba umntwana wakho uxhatshaziwe, kuya kufuneka sikuxele oko kwabasemagunyeni. Nangona kunjalo, siya kukuxhasa ngale nkqubo. Emva kophononongo, singabelana ngolwazi nabanye abaphandi kodwa ngaphandle kweenkcukacha zakho zobuqu, ngoko akukho mntu uya kukwazi ukukubona ukuba ungubani na. Unelungelo lokubona, ulungise, okanye ucele ukuba kucinywe ulwazi lwakho. Ukuba awuvumi ukuthatha inxaxheba, nceda uqaphele ukuba idatha encinci yomsebenzisi ithathiwe. Oku kuya kusetyenziswa kuphela kuphononongo ukuqonda ukuba bangaphi abantu ababonakalise umdla kule nkqubo. Ukuba awufuni ukuba iinkcukacha zakho zisetyenziswe ngolu hlobo, nceda uthumele i-imeyile kwiqela lophononongo.

**Kwenzeka ntoni kwiziphumo zophando?**

Ulwazi owabelana ngalo nathi luya kusinceda siqonde indlela yokuxhasa iintsapho ezifana nezakho eMzantsi Afrika. Siceba ukwabelana ngeziphumo kwiijenali zezifundo, kwiingxelo zemigaqo kunye nakwii-nkomfa ukuze nabanye bafunde kolu phononongo.

**Ngobani amanye amalungu eqela lophononongo?**

Abaphandi abayintloko kolu phononongo nguNjingalwazi uCathy Ward noCindee Bruyns, kwaye uCarly Katzef ungumphandi osebenzisana naye. Bonke bazinze kwiDyunivesithi yaseKapa.

Ingaba ikhona imingcipheko ekujoyineni olu phononongo?

Asilindelanga nayiphi na imingcipheko kuwe ukuba unodliwano-ndlebe. Ukuba nayiphi na imibuzo ikwenza ungakhululeki, akunyanzelekanga uyiphendule.

Ukuba uyacaphuka xa usebenzisa inkqubo, ungacofa “NCEDA” nanini na ukufumana inkxaso eyongezelelweyo. Khumbula, ungayeka ukuthatha inxaxheba nanini na ngaphandle kokunikeza isizathu.

Ngubani obhatalela oluphononongo?

Olu phononongo luyinxalenye ye Global Parenting Initiative, luxhaswe ngokwezimali ngu LEGO Foundation, Oak Fundation, i-World Childhood Foundation, i-Human Safety Net kunye ne UK Research kunye ne Innovaion Global Challenges Research Fund.

Ukhuseleko lwedatha

IDyunivesithi yaseKapa iqinisekisa ukuba iinkcukacha zakho zobuqu zisetyenziswa ngokukhuselekileyo nangokuchanekileyo, nje kuphando kuphela. Uphononongo lulandela imithetho yokukhuselwa kwedatha efana ne-GDPR (General Data Protection Regulation) e-UK kunye ne-POPIA (uMthetho woKhuselo loLwazi loMntu) eMzantsi Afrika.Nayiphi na idatha ethi ithunyelwe ngaphesheya kwemida izakuthobelana ne POPIA.

Ngubani ogunyazise oluphononongo?

[Yakube ivunyiwe imigaqo yokuziphatha iya kufundeka ngoluhlobo lulandelayo: Olu phononongo lufumene imvume kwiDyunivesithi yaseKapa kwiZiko leKomiti yeeNqoba zoPhando kwiNzululwazi yezeNtlalo kunye neKomiti yeeNqoba zokuziphatha zoPhando lweDyunivesithi yaseKapa. Olu phononongo lukwavunyiwe liSebe lezeMpilo leNtshona Koloni kunye ne-Mpilo kunye neSebe loPhuhliso loLuntu, kunye nesebe lempilo yeSixeko saseKapa.]

Ngubani endinokuqhagamshelana naye ukuba ndinemibuzo okanye iinkxalabo?

Ukuba unayo nayiphi na imibuzo okanye iinkxalabo malunga namalungelo akho njengomthathi-nxaxheba kuphando, ungaqhagamshelana neqela lophononongo ku-[swift@globalparenting.org](mailto:swift@globalparenting.org) okanye ku-WhatsApp ku +27 XX XXX XXXX (imiyalezo kuphela).

Ukuba uneminye imibuzo okanye iinkxalabo malunga namalungelo akho, ungaqhagamshelana nenye yee komiti yokuziphatha edwelisiweyo:

| **Igama** | **Inombolo yomnxeba** | **I-imeyile** |
| --- | --- | --- |
| IDyunivesithi yaseKapa iZiko lezoPhando lweNzululwazi yeZentlalo | +27 21 650 4656 | [cssr@uct.ac.za](mailto:cssr@uct.ac.za) |
| Ikomiti yeeNdlela zokuziphatha zoPhando loLuntu |  | [hrec-enquiries@uct.ac.za](mailto:hrec-enquiries@uct.ac.za) |

Informed Consent to Take Part in the Study

Nceda ufunde ezi ngxelo ngononophelo:

* Ndilufundile olu lwazi lungentla kwaye ndiyayazi into ekufuneka ndiyenze.
* Ndiye ndanexesha lokucinga malunga nolwazi kunye nokubuza imibuzo. Ndifumene iimpendulo ezanelisayo xa bendibuza imibuzo.
* Ndiyayazi ndingathi ewe okanye hayi ekubeni yinxalenye yophononongo. Ukuba ndithi ewe, ndingayeka nangaliphi na ixesha ngaphambi kwe [\*umhla useza kumiselwe], ndingatsho ukuba kutheni, yaye akuyi kubakho nto indichaphazelayo mna nosapho lwam.
* Ndiyayazi ukuba ngubani onokubona ulwazi lwam, ukuba luya kugcinwa njani lukhuselekile, kwaye kwenzeka ntoni kulo emva kophononongo.
* Ndiyayazi ukuba ndingacela ukufikelela kwidatha yam, ndilungise naziphi na iimpazamo, ndicele ukuyicima, okanye ukuba idluliselwe kwenye indawo.
* Ndiyayazi ukuba andizukuchazwa kuwo nawaphi na amaphepha okanye iingxelo zolu phononongo.
* Ndiyazi ukuba ndiqhagamshelane nabani ukuba ndinengxaki ngophononongo.
* Ungaphinda uqhagamshelane nam ukuba ulwazi oluninzi luyafuneka kum.
* Ungazigcina iinkcukacha zam zoqhagamshelwano zikhuselekile ukuze undixelele ngeziphumo zophononongo.

Ukuba ulufundile kwaye waluqonda olu xwebhu lungasentla, uyavumelana nemiyalezo kwaye unike imvume yokuthatha inxaxheba kuphononongo, khetha u-“Ewe” kuWhatsApp. Bhala "PHUMA" kuWhatsApp ukuba awufuni ukuthatha inxaxheba.